

Mo Steel Travel Program - "A DECADE OF DOMINANCE"

Be a part of the tradition!

Join the World-renowned Flag Football program. This program is for highly skilled athletes ages 9-14 who wish to be involved in the ultimate team experience.

This highly competitive team is comprised of 10 athletes who are chosen after a series of try-outs. Team travels to over 12 tournaments each season and play well over 100 games per year in both competitive leagues and national and international competitions.

Try-Outs will be held on:

Juniors

(9-11 year olds, as of September 1, 2010)

April 20, 2010, 6-7:30pm

Seniors

12-14 year olds, as of September 1, 2010

April 22, 2010, 6-7:30pm

Mo Steel Junior Player Development (JPD): TRYOUTS IN MAY: TBA

Ages 10-11 (some 9 year olds will be accepted based on ability)

TOP 10 PLAYERS WILL BE SELECTED

Two practices per week to fine-tune overall skills. Athletes will be given positions and will begin extensive training suitable to their position.

Footwork, Pattern Running, Passing, Defensive positioning, Flag pulling, Toughness, Mental preparation, Receiving, Values of teamwork, accountability, preparation, much more!

Each player will be evaluated each month to track progress.

Each player enrolled in JPD will be placed on a team in our in-house league, which meets once per week

Athletes will participate in 2 tournaments and 1 league (10 games) per season

Each player will be evaluated each month to track progress.

ONCE ATHLETES COMPLETE THE JPD PROGRAM:

- 1) They will be much better flag football players in terms of fundamentals and discipline.
- 2) Athletes will understand the game from a strategy standpoint.
- 3) Athletes will have values of teamwork, hard work and responsibility